

Check this out!

Fit & Fabulous Outings

Lunch at the Olive Garden near Concord Mills

Date: February 20, 2008

Fee: Cost of Meal and Purchases.

Depart: 11:00 am—Return 2-2:30 pm

Bus will leave from the parking lot near Big Lots on Concord Parkway

We will travel to the Olive Garden Restaurant near Concord Mills for a fun time of eating and fellowship. Enjoy the all you can eat soup, salad and bread special for just \$5.95. When we have had our fill, we will take a Mystery Tour. We are sure you will have a wonderful time and will see something you have never seen before.

**Lots of
Fun!**

Lunch at Porky's Barbeque in China Grove and a Tour of the Gem Theater and Visitor Center in Kannapolis

Date: March 19, 2008

Fee: Cost of Meal and Purchases.

Depart: 11:00 am—Return 2:30-3:00 pm

Bus will leave from the Academy Recreation Center

We will travel north to China Grove and have lunch at Porky's Barbeque. We will enjoy a great menu like BBQ, plate lunches, salad bar and homemade desserts, all at a good price. After our meal we will go south to Kannapolis to take a behind the scenes tour of the Gem Theater. While there, we will relive the good ole' days when you see the beauty of the oldest movie theater in the area. After our tour of the theater, we will stroll through Kannapolis to the visitor center to learn more history about Kannapolis. We will then board the bus for our trip back to Academy Recreation Center.



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Tour the Billy Graham Library and Lunch

Date: April 16, 2008

Fee: Cost of Meal and Purchases.

Depart: 11:00 am—Return 3:30-4:00 pm

Bus will leave from the Academy Recreation Center

After your exercise session, we will go to lunch (location to be announced later) and travel to Charlotte to the Billy Graham Library. We know you will enjoy this trip because he was such a great man of God. Remember his crusades in Charlotte? We will have time to tour the library and the gardens.



Wow



Picnic at Dan Nicholas Park in Salisbury, NC

Date: May 21, 2008

Fee: Cost of Admissions and Rides.

Depart: 10:00 am—Return 2:30-3:00 pm

Bus will depart from the parking lot near Big Lots on Concord Parkway.

There will be no exercise session today because we will get plenty at the park! If it has been several years since you have visited Dan Nicholas Park you will be amazed at the changes that have been made. We will be able to see the new animal observatory and get up close and personal with them. We'll let you know later what to bring for lunch (covered dish) or whether it will be catered. We'll have a fun day at the park!



For more information, contact Sara Rodgers or Mike Barbee
Concord Parks and Recreation Department.

704-920-5616

Email: recreation@ci.concord.nc.us